

# G S Medical College & Hospital, Pilkhuwa, Hapur 245304

## Foundation Course

### Time Table MBBS Batch (2021-22)

DAY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TIME/DATE			Day-1	Day-2	Day-3	Day-4
8am to 9am			Reporting of 1 <sup>st</sup> year MBBS students	<b>FC 1.5</b>  Facilities present in Campus, College and Hospital Visits – Includes Library, Hostels, Sports ground, common room, Cafeteria OPD, Wards, Laboratory, Clinical and non- clinical Departments, Batch - 25 Students in each batch,  <b>In charge – Faculty of Anatomy, Physiology, Biochemistry and PSM</b>	<b>FC 1.10</b>  Alternate health care systems in the Country and History of Medicine-	<b>FC 1.1, 1.2</b>  Role of Doctors (Indian Medical Graduate) in society and its social impact
9am to 10am			Welcome speech by dean and director Ice Breaking (All 4 HODs) – LT-1 <b>FC 1.4</b>  Understanding of rules and regulations of Institution, facilities present in campus			
10am to 11am			<b>FC 1.4</b>  Introduction to Library/Academic Departments			
11am to 12pm			<b>FC 1.4</b>  Anti-ragging guidelines and introduction to anti-ragging committee of our institute			
12pm to 1pm				<b>FC 1.4</b> Gender Sensitivity	<b>FC 1.8</b> Role of physician at various level of health care delivery	<b>FC 1.8</b> Role of physician at various level of health care delivery
1pm to 2pm	Lunch Break					

2pm to 3pm		<b>FC 1.7</b> Academic Ambience-		Pandemic Module 1.1 Infection control Part 1 (Department of Microbiology)	<b>FC 1.9</b> Principles of family practice
3pm to 4pm		<b>FC 1.7</b> Overview of MBBS Program a. Curriculum description b. Examinations c. University rules regarding Examinations and Attendance			<div>END OF ORIENTATION MODULE</div>
4pm to 5pm		<b>FC 1.3</b> Expectations of society and patients from doctors	<b>FC 1.6</b> Introduction to MBBS a. Carrier pathways b. Role at various levels of health care delivery systems c. skill requirements and certifications	Sports	Sports
5pm to 6pm					
6pm to 7pm					

DAY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TIME/DATE	Day-5	Day-6	Day-7	Day-8	Day-9	Day-10
8am to 9am	FC 2.1 Basic life support (Department of Anaesthesia)	FC 2.1 Basic life support (Department of Anaesthesia)				
9am to 10am						
10am to 11am						
11am to 12pm						
12pm to 1pm						
1pm to 2pm	Lunch Break					
2pm to 3pm	FC 2.2 First Aid	FC 2.3 Formative assessment of universal precautions and OSCE				
3pm to 4pm		FC 2.3 Universal precautions, Patient safety and Biohazard				
4pm to 5pm					FC 2.5 Proper hand washing technique	
5pm to 6pm						
6pm to 7pm	FC 2.3 Formative assessment of universal precautions and OSCE			FC 2.4 Formative assessment of biomedical waste	FC 2.4 Formative assessment of biomedical waste	FC 2.6 Response to needle stick injury, bites and stings and heat cramps

DAY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TIME/DATE	Day-11	Day-12	Day-13	Day-14	Day-15	Day-16
8am to 9am						
9am to 10am						
10am to 11am						
11am to 12pm						
12pm to 1pm						
1pm to 2pm	Lunch Break					
2pm to 3pm	ECA				Sports	FC 2.8 Immunization recommendations for health care workers
3pm to 4pm						
4pm to 5 pm		FC 2.4, 2.7 Biomedical Waste management				
5pm to 6pm						
6pm to 7pm				FC 2.6 Response to needle stick injury, bites and stings and heat cramps		

DAY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TIME/DATE	Day-17	Day-18	Day-19	Day-20	Day-21	HOLIDAY
8am to 9am						
9am to 10am						
10am to 11am						
11am to 12pm						
12pm to 1pm						
1pm to 2pm	Lunch Break					
2pm to 3pm						HOLIDAY
3pm to 4pm		FC 3.1 National Health Goals and Policies				
4pm to 5pm	FC 2.9 Documentation and medical records	FC 3.3, 3.4 Health care systems in India and principles of community health Field visit to PHC/CHC			FC 3.5,3.6 Field visit to PHC/CHC	
5pm to 6pm						
6pm to 7pm	FC 3.2 National Health Scenario			Sports		

DAY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TIME/DATE	Day-22	Day-23	Day-24	Day-25	Day-26	Day-27
8am to 9am						
9am to 10am						
10am to 11am						
11am to 12pm						
12pm to 1pm						
1pm to 2pm	Lunch Break					
2pm to 3pm						
3pm to 4pm						
4pm to 5pm	FC 5.2 Local Language in medical education and practice(External faculty)				FC 5.2 Local Language in medical education and practice(External faculty)	
5pm to 6pm						
6pm to 7pm				English Language in medical education and practice(External faculty)		

DAY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TIME/DATE	Day-28	Day-29	Day-30	Day-31	Day-32	Day-33
8am to 9am						
9am to 10am						
10am to 11am						
11am to 12pm						
12pm to 1pm						
1pm to 2pm	Lunch Break					
2pm to 3pm	FC 5.3 English Language in medical education and practice(External faculty)					
3pm to 4pm						
4pm to 5pm						
5pm to 6pm					FC 5.2 Local Language in medical education and practice(External faculty)	FC 5.3 English Language in medical education and practice(External faculty)
6pm to 7pm						

DAY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TIME/DATE	Day-34	Day-35	Day-36	Day-37	Day-38	Day-39
8am to 9am						
9am to 10am						
10am to 11am						
11am to 12pm						
12pm to 1pm						
1pm to 2pm	Lunch Break					
2pm to 3pm						
3pm to 4pm						
4pm to 5pm	FC 5.3 English Language in medical education and practice(External faculty)				FC 5.2 Local Language in medical education and practice(External faculty)	
5pm to 6pm						
6pm to 7pm				ECA		FC 4.1 Consequences of unethical and unprofessional behavior



DAY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TIME/DATE	Day-40	Day-41	Day-42	Day-43	Day-44	Day-45
8am to 9am						
9am to 10am						
10am to 11am						
11am to 12pm						
12pm to 1pm						
1pm to 2pm						
	Lunch Break					
2pm to 3pm						FC 5.3 English Language in medical education and practice(External faculty)
3pm to 4pm						
4pm to 5pm	FC 4.1 Professional behavior, Concept of Professionalism and Ethics				FC 5.4 Basic Computer skills-	
5pm to 6pm						
6pm to 7pm				Sports		

DAY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TIME/DATE	Day-46	Day-47		Day-48	Day-49	Day-50
8am to 9am			Holiday			
9am to 10am						
10am to 11am						
11am to 12pm						
12pm to 1pm						
1pm to 2pm	Lunch Break					
2pm to 3pm			Holiday			
3pm to 4pm						
4pm to 5pm	FC 4.2 Group discussion on Altruism, integrity, responsibility and trust				FC 4.5 Rights of person with disability as per United Nations	
5pm to 6pm						
6pm to 7pm					FC 5.2 Local Language in medical education and practice(External faculty)	

DAY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TIME/DATE	Day-51	Day-52	Day-53	Day-54	Day-55	Day-56
8am to 9am						
9am to 10am						
10am to 11am						
11am to 12pm						
12pm to 1pm						
1pm to 2pm	Lunch Break					
2pm to 3pm						
3pm to 4pm						
4pm to 5pm						
5pm to 6pm						
6pm to 7pm						

DAY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TIME/DATE	Day-57	Day-58	Day-59	Day-60	Day-61	Day-62
8am to 9am						
9am to 10am						
10am to 11am						
11am to 12pm						
12pm to 1pm						
1pm to 2pm	Lunch Break					
2pm to 3pm						
3pm to 4pm						
4pm to 5pm					FC 4.3 Value of integrity honesty and respect during interaction with peers, seniors and faculty, other health care workers and patients (Dr. M. Saquib)	FC 5.2 Local Language in medical education and practice(External faculty)
5pm to 6pm						

DAY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TIME/DATE	Day-63	Day-64	Day-65	Day-66	Day-67	Day-68
8am to 9am						
9am to 10am						
10am to 11am						
11am to 12pm						
12pm to 1pm						
1pm to 2pm	Lunch Break					
2pm to 3pm						
3pm to 4pm						
4pm to 5pm						
5pm to 6pm				FC 4.4, 4.10 Working in health care team	FC 4.4, 4.10 Working in health care team	FC 5.3 English Language in medical education and practice(External faculty)
6pm to 7pm						

DAY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TIME/DATE	Day-69	Day-70	Day-71	Day-72	Day-73	Day-74
8am to 9am						
9am to 10am						
10am to 11am						
11am to 12pm						
12pm to 1pm						
1pm to 2pm	Lunch Break					
2pm to 3pm						
3pm to 4pm						
4pm to 5pm						
5pm to 6pm				FC 5.4 Basic Computer skills	FC 4.12 Group Dynamics	FC 5.4 Basic Computer skills

DAY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TIME/DATE	Day-75	Holiday (Maha Shivratri)	Day-76	Day-77	Day-78	Day-79
8am to 9am						
9am to 10am						
10am to 11am						
11am to 12pm						
12pm to 1pm						
1pm to 2pm	Lunch Break					
2pm to 3pm		Holiday (Maha Shivratri)				
3pm to 4pm						
4pm to 5pm					FC 5.4	
5pm to 6pm				FC 5.1 Communication with patient and families	Introduction to computer, laptops, Tablets, Mac & mobile apps.	

DAY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TIME/DATE	Day- 80	Day- 81	Day- 82	Day- 83	Day- 84	Day- 85

8am to 9am	I Internal			
9am to 10am				
10am to 11am				
11am to 12pm				
12pm to 1pm				
1pm to 2pm	Lunch Break			
2pm to 3pm	I Internal			
3pm to 4pm				
4pm to 5pm			FC 4.7 Stress Management	
5pm to 6pm		FC 4.7 Stress Management		FC 4.7 Stress Management



DAY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TIME/DATE	Day - 86	Day - 87	Day - 88	Day - 89	Holiday(Holi)	
8am to 9am						
9am to 10am						
10am to 11am						
11am to 12pm						
12pm to 1pm						
1pm to 2pm	Lunch Break					
2pm to 3pm					Holiday(Holi)	
3pm to 4pm						
4pm to 5pm						
5pm to 6pm						

DAY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TIME/DATE	Day - 90	Day - 91	Day - 92	Day - 93	Day - 94	Day - 95
8am to 9am						
9am to 10am						
10am to 11am						
11am to 12pm						
12pm to 1pm						
1pm to 2pm	Lunch Break					
2pm to 3pm						
3pm to 4pm						
4pm to 5pm						
5pm to 6pm						

DAY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TIME/DATE	Day - 96	Day - 97	Day - 98	Day - 99	Day - 100	Day - 101
8am to 9am						
9am to 10am						
10am to 11am						
11am to 12pm						
12pm to 1pm						
1pm to 2pm	Lunch Break					
2pm to 3pm						
3pm to 4pm						
4pm to 5pm					FC 4.8 Role of Yoga and meditation in personal health	FC 5.1 Communication with patient and families
5pm to 6pm						


DAY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TIME/DATE	Day-102	Day-103	Day-104	Day-105	Day-106	Day-107
8am to 9am						
9am to 10am						
10am to 11am						
11am to 12pm						
12pm to 1pm						
1pm to 2pm	Lunch Break					
2pm to 3pm						
3pm to 4pm						
4pm to 5pm						
5pm to 6pm						

DAY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1pm to 2pm	Lunch Break					
2pm to 3pm				Holiday (Dr. B.R. Ambedkar Jayanti)		
3pm to 4pm						
4pm to 5pm						
5pm to 6pm					FC 4.13 Learning pedagogy	FC 5.1 Communication with patient and families

DAY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TIME/DATE	Day-113	Day-114	Day-115	Day-116	Day-117	Day-118
8am to 9am						
9am to 10am						
10am to 11am						
11am to 12pm						
12pm to 1pm						
1pm to 2pm	Lunch Break					
2pm to 3pm						
3pm to 4pm						
4pm to 5pm					FC 4.14 Self directed learning	
5pm to 6pm						

DAY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TIME/DATE	Day-119	Day-120	Day-121	Day-122	Day-123	Day-124
8am to 9am						
9am to 10am						
10am to 11am						
11am to 12pm						
12pm to 1pm						
1pm to 2pm	Lunch Break					
2pm to 3pm						
3pm to 4pm						
4pm to 5pm					FC 5.1 Communication with patient and families	
5pm to 6pm						
						FC 5.5 Accessing online resources

Sr. No	Subject/ content	Hours (MCI)	Hours (Actual)
1	Orientation	30	30
2	Skills Module	35	35
3	Field visit to community and Health centers	8	8
4	Professional Development including ethics	40	42
5	Sports and extracurricular activities	22	13
	(ECA)		9
6	Enhancement of language/ Computer skills	40	42
7	Pandemic module	2	4
	Total Hours	177	183



**Dr. T. J. Hemnani**  
Dean















































































