G S Medical College & Hospital, Pilkhuwa, Hapur 245304

Foundation Course Time Table MBBS Batch (2021-22)

DAY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TIME/DATE	•		Day-1	Day-2	Day-3	Day-4
8am to 9am			Reporting of 1 st year MBBS students	EC 15		
9am to 10am 10am to 11am			Welcome speech by dean and director Ice Breaking (All 4 HODs) – LT-1 FC 1.4 Understanding of rules and regulations of Institution, facilities present in campus FC 1.4 Introduction to Library/Academic Departments	FC 1.5 Facilities present in Campus, College and Hospital Visits Includes Library, Hostels, Sports ground, common room, Cafeteria OPD, Wards, Laboratory, Clinical and non-clinical Departments, Batch - 25 Students in each batch, In charge – Faculty of Anatomy, Physiology, Biochemistry and PSM	FC 1.10	FC 1.1, 1.2 Role of Doctors (Indian Medical Graduate) in society and its social impact
-			FC 1.4 Anti-ragging guidelines	FC 1.4	FC 1.8 Role of physician at	FC 1.8 Role of physician at
12pm to 1pm			and introduction to anti- ragging committee of our institute	Gender Sensitivity	various level of health care delivery	various level of health care delivery
1pm to 2pm			Lunch	n Break		

2pm to 3pm	FC 1.7 Academic Ambience-		Pandemic Module 1.1	FC 1.9 Principles of family practice END OF ORIENTATION MODULE
3pm to 4pm	FC 1.7 Overview of MBBS Program a. Curriculum description b. Examinations c. University rules regarding Examinations and Attendance	Interaction with faculty mentors and peers (All 1 st MBBS Faculty)	Infection control Part 1 (Department of Microbiology)	
4pm to 5pm		FC 1.6 Introduction to MBBS a. Carrier pathways		
5pm to 6pm	FC 1.3 Expectations of society and patients from doctors	b. Role at various levels of health care delivery systems c. skill requirements and certifications	Sports	Sports
6pm to 7pm				

Formative assessment of Format	DAY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9am to 10am FC 2.1 Basic life support (Department of Anaesthesia) 10am to 11am 11am to 12pm 12pm to 1pm 1pm to 2pm FC 2.2 3pm to 4pm 4pm to 5pm FC 2.3 Formative assessment of Universal precautions, Patient safety and Biohazard FC 2.3 Formative assessment of FC 2.4 Formative assessment of FC 2.4 Formative assessment of FC 2.4 Formative assessment of FC 2.6 FC 2.	TIME/DATE	Day-5	Day-6	Day-7	Day-8	Day-9	Day-10
9am to 10am FC 2.1 Basic life support (Department of Anaesthesia) 10am to 11am 11am to 12pm 12pm to 1pm 1pm to 2pm FC 2.3 Formative assessment of universal precautions, Patient safety and Biohazard FC 2.3 Formative assessment of FC 2.4 Formative assessment of FC 2.5 Formative assessment of FC 2.4 Formative assessment of FO 2.5 Formative assessment of FO 2.4 FORMATION FOR Anaesthesia)	8am to 9am						
12pm to 1pm 1pm to 2pm Lunch Break 2pm to 3pm FC 2.3 Formative assessment of universal precautions and OSCE 5pm to 6pm FC 2.3 Universal precautions, Patient safety and Biohazard FC 2.4 Formative assessment of FC 2.5 FORMATIVE ASSESSMENT OF F	9am to 10am	Basic life support	(Department of				
12pm to 1pm 1pm to 2pm FC 2.3 3pm to 4pm 4pm to 5pm FC 2.3 Universal precautions, Patient safety and Biohazard FC 2.3 Formative assessment of FC 2.4 FORMATIVE ASSESSMENT OF FORMATIVE ASSESS	10am to 11am	Anaesthesia)					
1pm to 2pm 2pm to 3pm FC 2.2 3pm to 4pm 4pm to 5pm FC 2.3 Universal precautions, Patient safety and Formative assessment of FC 2.4 FORMATIVE ASSESSMENT OF FORMATIVE AS	11am to 12pm						
FC 2.3 Formative assessment of universal precautions and OSCE Spm to 4pm 4pm to 5pm FC 2.3 Formative assessment of universal precautions and OSCE FC 2.3 Universal precautions, Patient safety and Biohazard FC 2.4 Formative assessment of FC 2.4	12pm to 1pm						
Formative assessment of universal precautions and OSCE 3pm to 4pm	1pm to 2pm			Lunch	n Break		
4pm to 5pm FC 2.3 Universal precautions, Patient safety and Biohazard FC 2.4 Formative assessment of	2pm to 3pm		Formative assessment of universal precautions and				
4pm to 5pm FC 2.3 Universal precautions, Patient safety and Biohazard FOrmative assessment of FC 2.4 Formative assessment of FC 2.4 Formative assessment of FC 2.4 Formative assessment of	3pm to 4pm	First Aid					
FC 2.3 Formative assessment of	4pm to 5pm		Universal precautions,			Proper hand washing	
FC 2.3 Formative assessment of FC 2.4 Formative assessment of Formative asse	5pm to 6pm						FC 2.6
6 home to 7 nm universal precautions and biomedical waste	6pm to 7pm	Formative assessment of universal precautions and	Biohazard			Formative assessment of	Response to needle stick injury, bites and stings and heat cramps

DAY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TIME/DATE	Day-11	Day-12	Day-13	Day-14	Day-15	Day-16
8am to 9am						
9am to 10am						
10am to 11am						
11am to 12pm						
12pm to 1pm						
1pm to 2pm		T	Lunch	Break		
2pm to 3pm						
3pm to 4pm						
4pm to 5 pm		FC 2.4, 2.7 Biomedical Waste				
5pm to 6pm	ECA	management		FC 2.6 Response to needle stick injury, bites and stings and	Sports	FC 2.8 Immunization recommendations for
6pm to 7pm				heat cramps		health care workers

DAY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TIME/DATE	Day-17	Day-18	Day-19	Day-20	Day-21	
8am to 9am						
9am to 10am						HOLIDAY
10am to 11am						
11am to 12pm]					
12pm to 1pm						
1pm to 2pm			Lunch	Break		
2pm to 3pm						
3pm to 4pm		FC 3.1 National Health Goals and Policies				HOLIDAY
4pm to 5pm	FC 2.9	2000				
5pm to 6pm	Documentation and medical records	FC 3.3, 3.4 Health care systems in India and principles of			FC 3.5,3.6 Field visit to PHC/CHC	
6pm to 7pm	FC 3.2 National Health Scenario	community health Field visit to PHC/CHC		Sports	ricia visit to riic/Circ	

DAY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TIME/DATE	Day-22	Day-23	Day-24	Day-25	Day-26	Day-27
8am to 9am						
9am to 10am						
10am to 11am						
11am to 12pm						
12pm to 1pm						
1pm to 2pm			Luncl	ı Break		
2pm to 3pm						
3pm to 4pm						
4pm to 5pm	FC 5.2 Local Language in medical				FC 5.2 Local Language in	
5pm to 6pm	education and practice(External faculty)			FC 5.3 English Language in medical	medical education and practice(External faculty)	EGA
6pm to 7pm				education and practice(External faculty)		ECA

DAY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TIME/DATE	Day-28	Day-29	Day-30	Day-31	Day-32	Day-33
8am to 9am						
9am to 10am						
10am to 11am						
11am to 12pm						
12pm to 1pm						
1pm to 2pm			Lunch	Break		
2pm to 3pm						
3pm to 4pm						
4pm to 5pm	FC 5.3				FC 5.2	
5pm to 6pm	English Language in medical education and practice(External faculty)			FC 5.2 Local Language in medical education and	Local Language in medical education and practice(External faculty)	medical education and
6pm to 7pm				practice(External faculty)		practice(External faculty)

DAY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TIME/DATE	Day-34	Day-35	Day-36	Day-37	Day-38	Day-39
8am to 9am						
9am to 10am						
10am to 11am						
11am to 12pm						
12pm to 1pm						
1pm to 2pm			Lunch	Break		_
2pm to 3pm						
3pm to 4pm						
4pm to 5pm	FC 5.3 English Language in				FC 5.2 Local Language in	
5pm to 6pm	medical education and practice(External faculty)				medical education and practice(External faculty)	Consequences of
6pm to 7pm				ECA		unethical and unprofessional behavior

DAY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TIME/DATE	Day-40	Day-41	Day-42	Day-43	Day-44	Day-45
8am to 9am						
9am to 10am						
10am to 11am						
11am to 12pm						
12pm to 1pm						
1pm to 2pm			Lunch	n Break		
2pm to 3pm						
3pm to 4pm						
4pm to 5pm	FC 4.1 Professional behavior,				FC 5.4	
5pm to 6pm	Concept of Professionalism and Ethics			Sports	Basic Computer skills-	FC 5.3 English Language in
6pm to 7pm						medical education and practice(External faculty)

DAY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TIME/DATE	Day-46	Day-47		Day-48	Day-49	Day-50
8am to 9am						
9am to 10am			Halidan			
10am to 11am			Holiday			
11am to 12pm						
12pm to 1pm						
1pm to 2pm			Lunch	Break		
2pm to 3pm						
3pm to 4pm						
4pm to 5pm	FC 4.2 Group discussion on Altruism, integrity, responsibility and trust		Holiday		FC 4.5 Rights of person with disability as per United Nations	
5pm to 6pm				FC 5.2 Local Language in medical education and		FC 5.3 English Language in medical education and
6pm to 7pm				practice(External faculty)		practice(External faculty)

DAY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TIME/DATE	Day-51	Day-52	Day-53	Day-54	Day-55	Day-56
8am to 9am						
9am to 10am						
10am to 11am						
11am to 12pm						
12pm to 1pm						
1pm to 2pm			Lunch	Break		
2pm to 3pm						
3pm to 4pm						
4pm to 5pm					FC 4.5 Advocate social inclusion	
5pm to 6pm				FC 4.5 Demonstrate nondiscriminatory behavior	by raising awareness of human rights of persons with disabilities	FC 4.5 Understanding of accessible healthcare settings for patients with
6pm to 7pm				towards patient and caregiver with disability		disabilities including universal design

DAY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TIME/DATE	Day-57	Day-58	Day-59	Day-60	Day-61	Day-62
8am to 9am	·			·	·	·
9am to 10am						
10am to 11am						
11am to 12pm						
12pm to 1pm						
1pm to 2pm			Lunch	n Break		
2pm to 3pm						
3pm to 4pm						
4pm to 5pm					FC 4.3 Value of integrity honesty and respect during	
5pm to 6pm				FC 5.2 Local Language in medical education and practice(External faculty)	interaction with peers, seniors and faculty, other health care workers and patients (Dr. M. Saquib)	FC 5.2 Local Language in medical education and practice(External faculty)

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DAY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TIME/DATE	Day-63	Day-64	Day-65	Day-66	Day-67	Day-68
8am to 9am						
9am to 10am						
10am to 11am						
11am to 12pm						
12pm to 1pm						
1pm to 2pm			Lunch	n Break		
2pm to 3pm						
3pm to 4pm						
4pm to 5pm]
5pm to 6pm					FC 4.4, 4.10	
6pm to 7pm				FC 4.4, 4.10 Working in health care team	Working in health care team	FC 5.3 English Language in medical education and practice(External faculty)

DAY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TIME/DATE	Day-69	Day-70	Day-71	Day-72	Day-73	Day-74
8am to 9am						
9am to 10am						
10am to 11am						
11am to 12pm						
12pm to 1pm						
1pm to 2pm			Lunch	n Break		
2pm to 3pm 3pm to 4pm						
4pm to 5pm					FC 4.12 Group Dynamics	
5pm to 6pm				FC 5.4 Basic Computer skills	Group Dynamics	FC 5.4 Basic Computer skills

DAY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TIME/DATE	Day-75		Day-76	Day-77	Day-78	Day-79
8am to 9am						
9am to 10am		Holiday (Maha Shivratri)				
10am to 11am						
11am to 12pm						
12pm to 1pm						
1pm to 2pm			Lunch	n Break		
2pm to 3pm						
3pm to 4pm						
4pm to 5pm		Holiday (Maha Shivratri)			FC 5.4	
5pm to 6pm		(Tama Smrtavil)		FC 5.1 Communication with patient and families	Introduction to computer, laptops, Tablets, Mac & mobile apps.	FC 5.1 Communication with patient and families

DAY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TIME/DATE	Day- 80	Day- 81	Day- 82	Day- 83	Day- 84	Day- 85

8am to 9am				
9am to 10am	I Internal			
10am to 11am				
11am to 12pm				
12pm to 1pm				
1pm to 2pm	Lunch	Break		
2pm to 3pm				
3pm to 4pm	I Internal			
4pm to 5pm			FC 4.7 Stress Management	
5pm to 6pm		FC 4.7 Stress Management	Suess Management	FC 4.7 Stress Management

DAY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
TIME/DATE	Day - 86	Day - 87	Day - 88	Day - 89	Holiday(Holi)			
8am to 9am								
9am to 10am								
10am to 11am								
11am to 12pm								
12pm to 1pm								
1pm to 2pm			Lunch	Break				
2pm to 3pm								
3pm to 4pm								
4pm to 5pm					Holiday(Holi)			
5pm to 6pm								

DAY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TIME/DATE	Day - 90	Day - 91	Day - 92	Day - 93	Day - 94	Day - 95
8am to 9am						
9am to 10am						
10am to 11am						
11am to 12pm						
12pm to 1pm						
1pm to 2pm			Lunch	n Break		
2pm to 3pm						
3pm to 4pm						
4pm to 5pm					FC 4.9	
5pm to 6pm				FC 4.9 Time Management	Time Management	FC 4.9 Time Management

DAY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TIME/DATE	Day - 96	Day - 97	Day - 98	Day - 99	Day - 100	Day - 101
8am to 9am						
9am to 10am						
10am to 11am						
11am to 12pm						
12pm to 1pm						
1pm to 2pm			Lunch	n Break		
2pm to 3pm						
3pm to 4pm						
4pm to 5pm					FC 4.8	
5pm to 6pm				FC 5.1 Communication with patient and families	Role of Yoga and meditation in personal health	FC 5.1 Communication with patient and families

DAY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TIME/DATE	Day-102	Day-103	Day-104	Day-105	Day-106	Day-107
8am to 9am						
9am to 10am						
10am to 11am						
11am to 12pm						
12pm to 1pm						
1pm to 2pm			Lunch	Break		
2pm to 3pm						
3pm to 4pm						
4pm to 5pm				FC 4.11, 4.15 Collaborative learning and		
5pm to 6pm				Role of Mentoring	ECA	FC 5.1 Communication with patient and families

DAY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1pm to 2pm			Lunch	Break		
2pm to 3pm						
2 4- 4						
3pm to 4pm				Holiday		
				(Dr. B.R. Ambedkar		
4pm to 5pm				Jayanti)	FC 4.13	
				2 3., 33	Learning pedagogy	FC 5.1
						Communication with
5pm to 6pm						patient and families

DAY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TIME/DATE	Day-113	Day-114	Day-115	Day-116	Day-117	Day-118
8am to 9am						
9am to 10am						
10am to 11am						
11am to 12pm						
12pm to 1pm						
1pm to 2pm			Lunch	Break		
2pm to 3pm						
3pm to 4pm						
4pm to 5pm						
5pm to 6pm				FC 4.14 Self directed learning	FC 4.6 Components of cultural Competencies	FC 5.5 Accessing online resources

DAY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TIME/DATE	Day-119	Day-120	Day-121	Day-122	Day-123	Day-124
8am to 9am						
9am to 10am						
10am to 11am						
11am to 12pm						
12pm to 1pm						
1pm to 2pm			Lunch	n Break		
2pm to 3pm						
3pm to 4pm						
4pm to 5pm					FC 5.1 Communication with	
5pm to 6pm					patient and families	FC 5.5 Accessing online resources

Sr. No	Subject/ content	Hours (MCI)	Hours (Actual)
1	Orientation	30	30
2	Skills Module	35	35
3	Field visit to community and Health centers	8	8
4	Professional Development including ethics	40	42
5	Sports and extracurricular activities	22	13
	(ECA)		9
6	Enhancement of language/ Computer skills	40	42
7	Pandemic module	2	4
	Total Hours	177	183

Dr. T. J. Hemnani

Dr. T. J. Hemnani Dean